

LIBERTY ORCHARDS FINE CONFECTIONS

Sugar-Free Aplets & Cotlets® Cookies

INGREDIENTS: Oats, Sugar Free Aplets & Cotlets [maltitol syrup, walnuts, sorbitol, pectin (pectin, disodium diphosphate, sodium polyphosphate, dextrose, dicalcium phosphate), maltitol, modified corn starch, natural flavors, sodium citrate, citric acid, malic acid, soy lecithin], enriched wheat flour (wheat flour, malted barley flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), vegetable margarine (partially hydrogenated soybean oil, salt, water, soy lecithin, vegetable mono and diglycerides, potassium sorbate, citric acid, artificial flavors, vitamin A palmitate, beta carotene), walnuts, unsalted butter (cream, natural flavoring), eggs, applesauce (apples, water), vegetable oil, Splenda® (dextrose, maltodextrin, sucralose), vanilla, salt, baking soda, cinnamon.

ALLERGEN INFORMATION:

This product manufactured on equipment used for processing peanuts and tree nuts not listed in the ingredients.

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Questions or Comments? Call toll-free at 1-800-888-5696 (outside the US & Canada call 509-782-1000)

Nutrition Facts

Serving Size: 1 cookie (25g)
Servings Per Container: about 12

Amount Per Serving

Calories 140 Calories from Fat 80

% Daily Value*

Total Fat 9g **14%**

Saturated Fat 2.5g **11%**

Trans Fat 1g

Cholesterol 15mg **5%**

Sodium 120mg **5%**

Total Carbohydrate 13g **4%**

Dietary Fiber <1g **4%**

Sugars 0g

Protein 2g

Vitamin A 4% • Vitamin C 0%

Calcium 0% • Iron 4%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g