

LIBERTY ORCHARDS FINE CONFECTIONS

Aplets & Cotlets® Heart Box

INGREDIENTS: sugar, corn syrup, walnuts, modified corn starch, pectin, natural flavors, apricot purée, apple juice concentrate, sodium citrate, citric acid, malic acid, soy lecithin.

ALLERGEN INFORMATION:

May contain traces of peanuts and tree nuts not listed in the ingredients.

**SERVINGS PER CONTAINER:

- 9-oz. Heart Gift Box: 6 servings
- 21-oz. Heart Gift Box: 14 servings
- 34-oz. Heart Gift Box: 23 servings

1738



Liberty Orchards Co., Inc. • 117 Mission Avenue • Cashmere, WA 98815, USA • www.libertyorchards.com
Questions or Comments? Call toll-free at 1-800-888-5696 (outside the US & Canada call 509-782-1000)

Nutrition Facts

Serving Size: 3 piece (50g)
Servings Per Container: *

Amount Per Serving

Calories 180 Calories from Fat 40

% Daily Value*

Total Fat 5g **8%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 55mg **2%**

Total Carbohydrate 36g **12%**

Dietary Fiber 0g **0%**

Sugars 28g

Protein 1g

Vitamin A 0% • Vitamin C 0%

Calcium 0% • Iron 0%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

LIBERTY ORCHARDS FINE CONFECTIONS

Fruit Delights® Heart Box

INGREDIENTS: sugar, corn syrup, nutmeats (walnuts, pecans, macadamias, cashews), modified corn starch, candied orange peel, pectin, natural and artificial flavors, fruit juice concentrates (peach, strawberry, blueberry, raspberry), crushed pineapple, sodium citrate, pineapple juice, citric acid, malic acid, soy lecithin.

ALLERGEN INFORMATION:

*May contain traces of peanuts and tree nuts not listed in the ingredients.
Our macadamia nut candies include a small amount of cashews.*

**SERVINGS PER CONTAINER:

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21-oz. Heart Gift Box: 14 servings
34-oz. Heart Gift Box: 23 servings

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Nutrition Facts

Serving Size: 3 piece (50g)
Servings Per Container: *

Amount Per Serving	
Calories 180	Calories from Fat 35
% Daily Value*	

Total Fat 4g	6%
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Saturated Fat 0g	0%
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Trans Fat 0g	
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Cholesterol 0mg	0%
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Sodium 60mg	3%
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Total Carbohydrate 37g	12%
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Dietary Fiber 0g	0%
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Sugars 29g	
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Protein less than 1g	
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Vitamin A 0%	•	Vitamin C 0%
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Calcium 0%	•	Iron 0%
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	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

LIBERTY ORCHARDS FINE CONFECTIONS

Sugar-Free Aplets & Cotlets® Heart Boxes

INGREDIENTS: maltitol syrup, walnuts, sorbitol, pectin, maltitol, modified corn starch, natural flavors, sodium citrate, citric acid, malic acid, soy lecithin.

ALLERGEN INFORMATION:

May contain traces of peanuts and tree nuts not listed in the ingredients.

*SERVINGS PER CONTAINER:

- 9-oz. Sugar-Free Fruit Delights Heart: about 6 servings
- 21-oz. Sugar-Free Fruit Delights Heart: about 14 servings
- 34-oz. Sugar-Free Fruit Delights Heart: about 23 servings

IMPORTANT NOTICE ABOUT SUGAR-FREE CANDIES:

If you are diabetic, this product may be useful in your diet on the advice of a physician. This product is not a reduced calorie food. This food cannot be used to counteract an insulin reaction. Excess consumption may have a laxative effect.

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Nutrition Facts

Serving Size: 3 pieces (42g)
Servings Per Container: *

Amount Per Serving	
Calories 160	Calories from Fat 30
% Daily Value*	
Total Fat 3.5g	5%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 40mg	2%
Total Carbohydrate 32g	11%
Dietary Fiber 0g	0%
Sugars 0g	
Sugar Alcohols 13g	
Protein less than 1g	

Vitamin A 0% • Vitamin C 0%

Calcium 0% • Iron 0%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

LIBERTY ORCHARDS FINE CONFECTIONS

Sugar-Free Fruit Delights® Heart Boxes

INGREDIENTS: maltitol syrup, nutmeats (walnuts, pecans, macadamias, cashews), sorbitol, pectin, maltitol, modified corn starch, natural and artificial flavors, sodium citrate, citric acid, malic acid, yellow 5, yellow 6, red 40, blue 1, soy lecithin.

ALLERGEN INFORMATION:

*May contain traces of peanuts and tree nuts not listed in the ingredients.
Our macadamia nut candies include a small amount of cashews.*

*SERVINGS PER CONTAINER:

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Total Fat 3.5g **5%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

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Dietary Fiber 0g **0%**

Sugars 0g

Sugar Alcohols 13g

Protein less than 1g

Vitamin A 0% • Vitamin C 0%

Calcium 0% • Iron 0%

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