

# LIBERTY ORCHARDS.

FINE CONFECTIONS SINCE 1920



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# LIBERTY ORCHARDS. FINE CONFECTIONS

## Apple-Apricot Orchard Bar™

**INGREDIENTS:** fruit [fruit juice from concentrate (apple, apricot), apple flake (apples, calcium stearate), apples, dried apricots (with sulfur dioxide to retain color)], sugar, corn syrup, nutmeats (pecans, walnuts), brown rice flour, sunflower seeds, flax seeds, modified corn starch, pectin (pectin, disodium diphosphate, sodium polyphosphate, dextrose, dicalcium phosphate), natural flavors, sodium citrate, citric acid, malic acid.

### ALLERGEN INFORMATION:

May contain traces of peanuts and tree nuts not listed in the ingredients.



### Nutrition Facts

Serving Size: 1 bar (43g)  
Servings Per Container: 8

Amount Per Serving		Calories from Fat 40	
		% Daily Value*	
<b>Calories</b> 160			
<b>Total Fat</b> 4g		<b>6%</b>	
Saturated Fat 0g		<b>0%</b>	
Trans Fat 0g			
<b>Cholesterol</b> 0mg		<b>0%</b>	
<b>Sodium</b> 60mg		<b>2%</b>	
<b>Total Carbohydrate</b> 31g		<b>10%</b>	
Dietary Fiber 1g		<b>5%</b>	
Sugars 20g			
<b>Protein</b> 1g			
Vitamin A 0%	Vitamin C 0%		
Calcium 0%	Iron 2%		

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories 2,000	2,500
Total Fat	Less than 65g	80g
Sat Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

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Questions or Comments? Call toll-free at 1-800-888-5696 (outside the US & Canada call 509-782-1000)

# LIBERTY ORCHARDS. FINE CONFECTIONS

## Cherry Orchard Bar™

**INGREDIENTS:** fruit [fruit juice from concentrate (apple, cherry), apple flake (apples, calcium stearate), cherries, dried cherries (cherries, sugar, sunflower oil)], sugar, corn syrup, nutmeats (pecans, almonds), brown rice flour, sunflower seeds, flax seeds, modified corn starch, pectin (pectin, disodium diphosphate, sodium polyphosphate, dextrose, dicalcium phosphate), natural flavors, sodium citrate, citric acid, malic acid.

### ALLERGEN INFORMATION:

May contain traces of peanuts and tree nuts not listed in the ingredients.



### Nutrition Facts

Serving Size: 1 bar (43g)  
Servings Per Container: 8

Amount Per Serving		Calories from Fat 35	
		% Daily Value*	
<b>Calories</b> 160			
<b>Total Fat</b> 4g		<b>6%</b>	
Saturated Fat 0g		<b>0%</b>	
Trans Fat 0g			
<b>Cholesterol</b> 0mg		<b>0%</b>	
<b>Sodium</b> 60mg		<b>3%</b>	
<b>Total Carbohydrate</b> 32g		<b>11%</b>	
Dietary Fiber 1g		<b>5%</b>	
Sugars 20g			
<b>Protein</b> 1g			
Vitamin A 0%	Vitamin C 0%		
Calcium 0%	Iron 2%		

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories 2,000	2,500
Total Fat	Less than 65g	80g
Sat Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

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## Mixed Berry Orchard Bar™

**INGREDIENTS:** fruit [fruit juice from concentrate (apple, strawberry), strawberries, blueberries, apple flake (apples, calcium stearate), dried cranberries (cranberries, sugar, sunflower oil)], sugar, corn syrup, nutmeats (pecans, walnuts), brown rice flour, sunflower seeds, flax seeds, modified corn starch, pectin (pectin, disodium diphosphate, sodium polyphosphate, dextrose, dicalcium phosphate), natural flavors, sodium citrate, citric acid, malic acid.

### ALLERGEN INFORMATION:

May contain traces of peanuts and tree nuts not listed in the ingredients.



### Nutrition Facts

Serving Size: 1 bar (43g)  
Servings Per Container: 8

Amount Per Serving		Calories from Fat 35	
		% Daily Value*	
<b>Calories</b> 160			
<b>Total Fat</b> 4g		<b>6%</b>	
Saturated Fat 0g		<b>0%</b>	
Trans Fat 0g			
<b>Cholesterol</b> 0mg		<b>0%</b>	
<b>Sodium</b> 105mg		<b>4%</b>	
<b>Total Carbohydrate</b> 32g		<b>11%</b>	
Dietary Fiber 1g		<b>5%</b>	
Sugars 21g			
<b>Protein</b> 1g			
Vitamin A 0%	Vitamin C 8%		
Calcium 0%	Iron 0%		

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories 2,000	2,500
Total Fat	Less than 65g	80g
Sat Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

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