

# LIBERTY ORCHARDS. FINE CONFECTIONS

## Blueberry-Pomegranate Orchard Bar™

**INGREDIENTS:** fruit [fruit juice from concentrate (organic apple, blueberry, pomegranate), blueberries, pomegranate powder, organic apple flake], organic evaporated cane syrup, organic tapioca syrup, almonds, seeds (sunflower, flax), soy protein nuggets (soy protein isolate, tapioca starch, salt), fruit pectin, citric acid, natural flavors, sodium citrate, ascorbic acid, Vitamin E (to preserve freshness). **CONTAINS ALMONDS & SOY.**

### ALLERGEN INFORMATION:

May contain traces of peanuts and tree nuts not listed in the ingredients.



D.E.

### Nutrition Facts

Serving Size: 1 bar (45g)  
Servings Per Container: \*

Amount Per Serving	
Calories 180	Calories from Fat 60
% Daily Value*	
<b>Total Fat</b> 6g	<b>10%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 70mg	<b>3%</b>
<b>Total Carbohydrate</b> 26g	<b>9%</b>
Dietary Fiber 2g	<b>9%</b>
Sugars 19g	
<b>Protein</b> 6g	

Vitamin A 0% • Vitamin C 20%  
Calcium 4% • Iron 6%

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories 2,000	2,500
Total Fat	Less than 65g	80g
Sat Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

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Questions or Comments? Call toll-free at 1-800-888-5696 (outside the US & Canada call 509-782-1000)

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## Pineapple-Coconut Orchard Bar™

**INGREDIENTS:** fruit [fruit juice from concentrate (organic apple, pineapple), pineapple, coconut, organic apple flake], organic evaporated cane syrup, organic tapioca syrup, nutmeats (macadamias, cashews, brazils), seeds (sunflower, flax), soy protein nuggets (soy protein isolate, tapioca starch, salt), fruit pectin, citric acid, natural flavors, sodium citrate, ascorbic acid, Vitamin E (to preserve freshness). **CONTAINS MACADAMIAS, CASHEWS, BRAZIL NUTS, & SOY.**

### ALLERGEN INFORMATION:

May contain traces of peanuts and tree nuts not listed in the ingredients.

1738



D.E.

### Nutrition Facts

Serving Size: 1 bar (45g)  
Servings Per Container: \*

Amount Per Serving	
Calories 190	Calories from Fat 65
% Daily Value*	
<b>Total Fat</b> 70g	<b>11%</b>
Saturated Fat 2g	<b>10%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 65mg	<b>3%</b>
<b>Total Carbohydrate</b> 25g	<b>8%</b>
Dietary Fiber 2g	<b>9%</b>
Sugars 18g	
<b>Protein</b> 5g	

Vitamin A 0% • Vitamin C 20%  
Calcium 4% • Iron 6%

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories 2,000	2,500
Total Fat	Less than 65g	80g
Sat Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

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## Strawberry-Raspberry Orchard Bar™

**INGREDIENTS:** fruit [fruit juice from concentrate (organic apple, strawberry), strawberries, raspberries, organic apple flake], organic evaporated cane syrup, organic tapioca syrup, nutmeats (walnuts, almonds), seeds (sunflower, flax), soy protein nuggets (soy protein isolate, tapioca starch, salt), fruit pectin, citric acid, natural flavors, sodium citrate, ascorbic acid, Vitamin E (to preserve freshness). **CONTAINS WALNUTS, ALMONDS, & SOY.**

### ALLERGEN INFORMATION:

May contain traces of peanuts and tree nuts not listed in the ingredients.

1738



D.E.

### Nutrition Facts

Serving Size: 1 bar (45g)  
Servings Per Container: \*

Amount Per Serving	
Calories 180	Calories from Fat 60
% Daily Value*	
<b>Total Fat</b> 6g	<b>10%</b>
Saturated Fat .5g	<b>3%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 70mg	<b>3%</b>
<b>Total Carbohydrate</b> 26g	<b>9%</b>
Dietary Fiber 2g	<b>9%</b>
Sugars 18g	
<b>Protein</b> 6g	

Vitamin A 0% • Vitamin C 20%  
Calcium 4% • Iron 6%

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories 2,000	2,500
Total Fat	Less than 65g	80g
Sat Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

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